

REAL SIGNS

poster

Documentary Film by Aimee Corrigan & Franco Sacchi about the relief training effort by Project Joy after Hurricane Katrina

Poster: 24" x 36"

Programs: Adobe Photoshop / InDesign

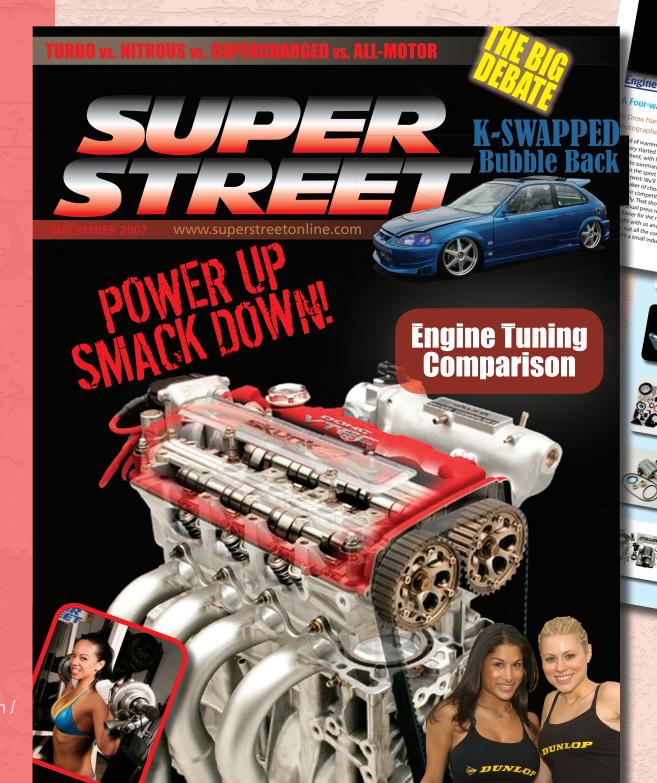


a documentary film by Franco Sacchi and Aimee Corrigan.

Charles River Productions Presents "After The Storm" A film by Aimee Corrigan and Franco Sacchi Narrated by Robert Goulet Music by the Clash Directed by Aimee Corrigan and Franco Sacchi



editorial









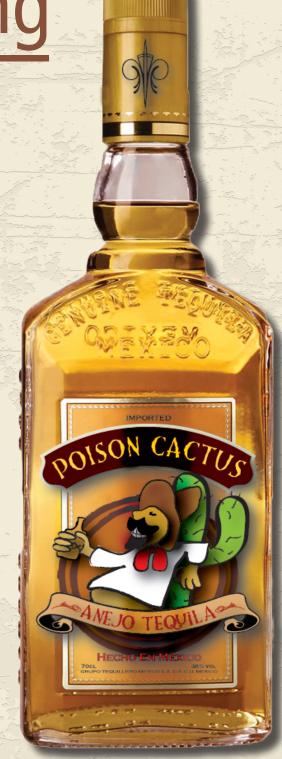




Cover: 8.5" 11"

Programs: Adobe Photoshop / InDesign /

packaging



IMPORTED



TOCL 38% VOL GRUPO TEQUILLERO MEXICO S.A. D.E.C.U. MEXICO

IMPORTED



70CL 38% VOL GRUPO TEQUILLERO MEXICO S.A. D.E.C.U. MEXICO



Programs: Adobe Photoshop / Illustrator

brochure

Comprehensive Treatment for Emotionally Disturbed/ Behaviorally Disordered Youths Comprehensive Services for Adolescent Fire Setters STEVENS TREATMENT PROGRAMS STE TREATMENT

A Serious Problem

The Right Solution



Series Of Ten Brochures

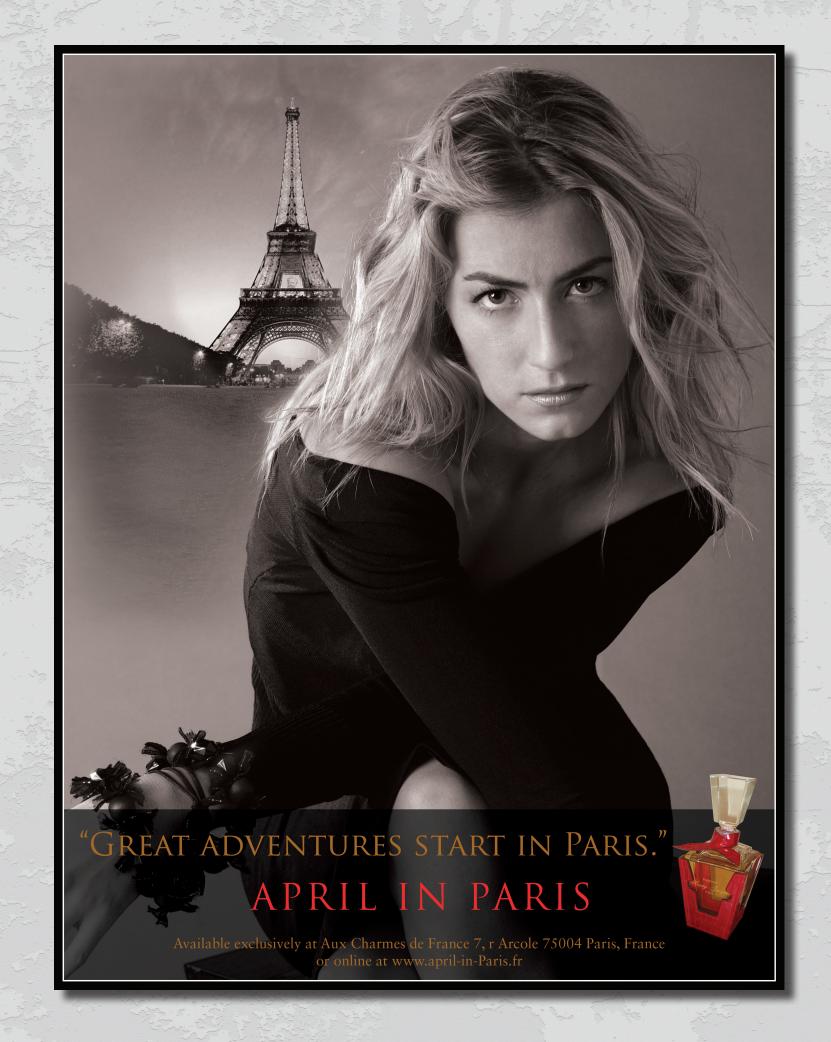
Tri-fold Layout: 8.5" x 11"

Programs: Adobe Photoshop / InDesign

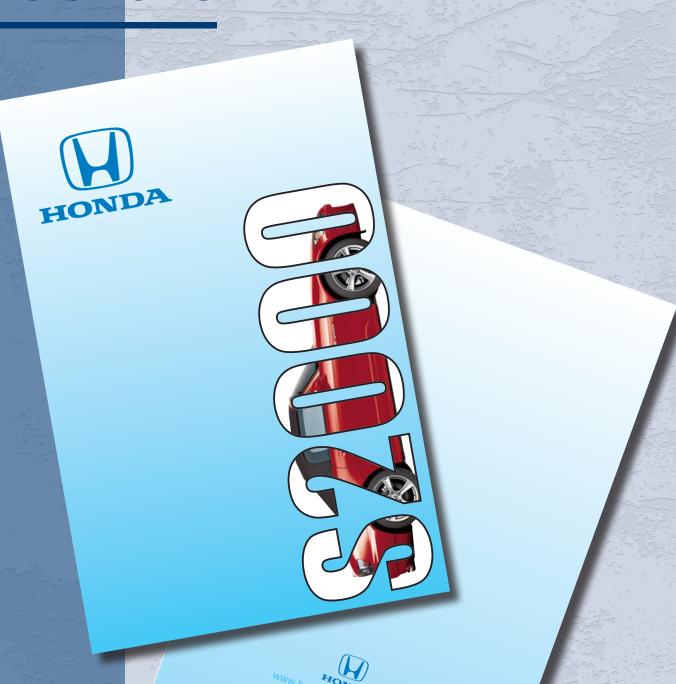
magazine ad

Full Page: 8.5" x 11"

Programs: Photoshop



brochure



Cover: 5.5" x 11" Spread: 11" x 8.5"

Programs: Adobe Photoshop / Quark Express 7



Quicker The facto Safety Features and stiffer suspens force. It's a purist's the original S2000-

Lighter The CR meaningful.

For three decades. Honda hasi

Structural Rigidity

Standard Safety Features The S2000 was constructed with a high X-bone monocoque frame supplying torsional rigidity higher than that found in many closed-topped sports cars.

While the anti-lock braking system (ABS) helps you maintain steering control ding hard stops, the power-assisted 4-wheel disc brakes and Vehicle Stability Assist* (VSA®) with traction control add a further measure of stopping power and sure-footedness.

Protection is built into the interior with side-impact door beams and other body

The S2000 embodies track-inspired performance, redlines and the intoxicating wail of racing engines. But in creating a roadster with a one-track mind for carving curves, we were also inspired to apply our engineering pro

In fact, this aggressive machine achieves 18 mpg city/25 mpg highway* and has earned a low-emission-vehicle rating (LEV-2) from the California Air Resources Board (CARB).

Fuel Economy

Its 16-valve DOHC VTEC® engine provides respectable fuel economy in the class of high- performance sports cars.

brochure



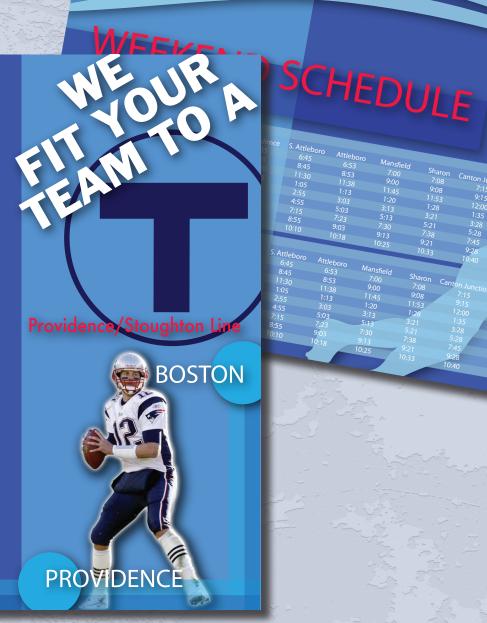
Massachussets Bay
Transportation Authority

www.mbta.com www.mbcr.net



Tri-fold Layout: 8.5" x 11"

Programs: Adobe Photoshop / Illustrator / InDesign



Gillette Stadium

signage









Programs: Flexi Expert - Scanvec Amiable (SAi)

corporate identity









Corporate Identity

Kismet Acres Farm, Capon Bridge, WV

Business Card / Letterhead / Envleope Banner: 24" x 60" **Fleet Graphics**

Programs: Adobe Photoshop / InDesign / Illustrator / Flexi Expert - Scanvec Amiable (SAi)

newsletter

Knowing the facts about cholesterol can reduce your risk for a heart attack or stroke. But understanding what cholesterol is and how it affects your health are only

To keep your cholesterol under control:

- schedule a screening eat foods low in cholesterol and saturated fat maintain a healthy weight exercise regularly

follow your healthcare professional's advice What Can Cholesterol Do?



Circulation

American Heart | American Stroke Association_® Association_® Learn and Live.

Exercise and Fitness

Physical inactivity is a major risk factor for cardiovascular disease, and most Americans are not physically active enough to gain any health benefits. Swimming, cycling, jogging, skiing, aerobic dancing, walking or many other activities can help your heart. Whether it's included in a structured exercise program or part of your daily routine, all physical activity adds up to a healthier

According to the lat est joint American Heart Association/American College of Sports Medicine guidelines on physical activity, all healthy adults ages 18-65 should be getting at least 30 minutes of moderate intensity activity five days of the week. However, there are additional guidelines for those 65 and older, or for those 50-64 with chronic conditions or physical functional limitations (e.g., arthritis) that affect movement ability or physical fitness.

Physical Activity and Public Health: Updated Recommendation for Adults From the American College of Sports Medicine and the American Heart

Physical Activity and Public Health Updated Recommendation for Adults From the American College of Sports Medicine and the American Heart Association

Summary—In 1995 the American

College of Sports Medicine and the Centers for Disease Control and Prevention published national guidelines on Physical Activity and Public Health. The Committee on Exercise and Cardiac Rehabilitation of the American Heart Association endorsed and supported these recommendations. The purpose of the present report is to update and clarify the 1995 recommendations on the types and amounts of physical activity needed by healthy adults to improve and maintain health Development of this document was by an physicians, epidemiologists, exercise scientists and public health specialists. This panel reviewed advances in pertinent physiologic, epidemiologic, and clinical scientific data, including primary research articles and reviews published since the original recomnendation was issued in 1995. Issues

considered by the panel included new scientific evidence relating physical activity to health, physical activity recommendations by various organizations in the interim, and communi cations issues. Key points related to updating the physical activity recommendation were outlined and writing groups were formed. A draft manucript was prepared and circulated for review to the expert panel as well as to outside experts. Comments were integrated into the final recommendation. Primary Recommendation-To promote and maintain health all

healthy adults aged 18 to 65 yr need moderate-intensity aerobic (endurance) physical activity for a minimum of 30 min on five days each week or vigorous-intensity aerobic physical activity for a minimum of 20 min on three days each week. [I (A)] Combinations of moderate- and vigorousintensity activity can be performed to meet this recommendation. [IIa (B)] For example, a person can meet the recommendation by walking briskly for 30 min twice during the week and then jogging for 20 min on two other

MAY 22, 2005 Arlene Wiley is a wife, mother, public school teacher, tutor and member of the school booster club. She knows about being "too busy." A booster club. She knows about being "too busy." A lifesaving dash to the hospital challenged her priorities. "I neglected me," Arlene says, "and I paid for it with congestive heart failure." Her heart couldn't pump enough blood to her body's other organs. "It made fluid collect in my lungs, causing shortness of breath," she says. Arlene's family history gave of breath," she says. Arlene's family history gave clues that heart disease could be in her future. Her parents had high blood pressure and high cholesterol, and uncles and aunts have diabetes. Her father had quadruple-bypass surgery at 49, and her brother had a triple bypass. And she had stopped taking her blood pressure medicine. Arlene takes her medicine now and sees her doctor regularly, exercises and eats more heart-healthy. She also gets an exercise stress the steep every even when the production of the steep every even had been and the steep every even had been and the steep every even had been a support of the steep even the steep even

What is Cholesterol?

Cholesterol is a soft, fat-like, waxy Cholesterol is a soft, fat-like, waxy substance found in the bloodstream and in all your body's cells. It's normal to have cholesterol. Cholesterol is an important part of a healthy body because it's used for producing cell membranes and some hormones, and serves other needed bodily functions. But too much cholesterol in the blood serves other needed bodily functions. But too much cholesterol in the blood is a major kfor coronary heart disease (which leads to heart attack) and for stroke. Hypercholesterolemia is the medical term for high levels of blood cholesterol.

s important to understand the difimportant to unucrotant the un-ince, and to levels of "good" and id" cholesterol in your blood.

ng as my heart is ticking

OBER 5, 2005 Juan Carlos Reynoso j MER 5, 2005 Juan Carlos Reynoso is at a helping people help themselves. He's as them about heart disease, the nation's killer. He wants them too wom more is a them affected so many in his family. See it has affected so many in his family, sially how to prevent it," he says.

ng, Texas, who teaches as an at Association volunteer at health

eyes to the need for n lifestyle changes, and that

LDL and HDL Cholesterol: What's Bad and What's Good?

It may surprise you to know that cholesterol itself isn't bad. In fact, cholesterol is just of the many substances created and used by our bodies to keep us healthy. Some of the cholesterol we need is produced naturally (and can be affected by your family health history), while some of naturary (and can be affected by your family health history), while some of it comes from the food we eat.

There are two types of cholesterol: "good" and "bad."

It's important to understand the difference, and to know the levels of "good" and "bad" cholesterol in your

The Two Sources of Cholesterol

Sources: your body and food.
Your liver and other cells in
your body make about 75
percent of blood cholesterol. ie other 25 percent c n the foods you eat.

cholesterol. When too much of it circulates in the blood, it can clog arteries, increasing the risk of house of the can clog arteries, increasing the risk of heart attack and

naturally by the body, but

Science & Professional Research

Dr. Julie Lumeng's research into children's eating habits is an example of the leading order investigations. children's eating habits is an example of the leading-edge investigations we support frough our Fellow-To-Faculty Transition Program. Trainees with outstanding potential for careers as physician-scientists receive these

We support and fund research for a we support and fund research for a simple reason; medical progress starts with good science. But discovery is not an end in itself; we continually exploring opportunities for practi-cal application for prevention and cal application for prevention and improved patient care. To help close that gap, the Pharmaceutical Roundtable, a coalition of eight leading pharmaceutical companies and the American Heart Association, provided over \$8 million to Sunnort 1. and the American Heart Association, provided over \$8 million to support 13 research awards for training and career

development of beginning investi-gators, or those making mid-career gators, or those making mid-career transitions. This training includes developing skills to conduct high-level prevention and outcomes research and providing strong mentorship from established researchers in these

With the support of a recent \$8.4 milwin the support of a recent \$8.4 million commitment from The Henrietta B. and Frederick H. Bugher Foundations of the support o B. and Frederick H. Bugher Founda-tion, we are developing a network of three centers for stroke prevention research. This commitment brings research. This commitment brings
The Bugher Foundation's support to
the American Heart Association for
research to \$24.9 million over the research to \$24.9 million over the past 20 years. It is anticipated that the American Stroke Association-Bugher Foundation Centers fooke Prevention Research will discover new knowledge on strength of the prevention and produce a cadre of new investigators who will into the challenges and successful into the challenges and successful misms for scientific collaboration.

Additional research highlibits institute that the provise insigns of the provise insigns and successful misms for scientific collaboration. Additional research highlights include

Completing revised criteria for Completing revised criteria for evaluating research funding proposals, stimulated by earch funding proposals, of Health's own recent revisions. Because we focus our research programs on devaluating beninning imprograms on devaluating beninning imprograms. having their proposals reviewed under criteria similar to NIH guidelines contributes to their development. The criteria include significe (potential impact), approach (bold new ideas and risk taking encouraged), innovation isk taking encouraged), innovation (challenging paradigms and criti-cal barriers to success), investigator (complementary/integrative team expertise) and environment (possible

Establishing funding partnerships, such as one to create the first American Heart Association Philips Resuscition Fellowship. Other partnerships fund emergency medical fellowships (with Emergency Medicine Foundations/Society for Academic Emergency Medicine), stocke fellowships (American Academy of Neurology) and early career grants in geriatric and early career grants in geriatric cardiology (Society of Geriatric Car-

Providing \$80,000 to our national re-Providing \$80,000 to our national re-search awardees affected by Hurricane Katrina to help in recovery and rees-tablishment of research aboratories. Processing over 5,000 applications for research funding and administer-ing over 2,800 active awards. Our

OCTOBER 10, 2006 The girl was 1 weight, and painfully aware of it.

total research allocation this year was \$145,679,263.

Developing a strategic vision for the Association's research program over the next 10 vears

We also support and organize national conferences where researchers and healthcare professionals exchange information, star dieas, discuss and debate newly discovered scientific mechanisms or actions or new treatment options. We publish five high-impact scientific journals that report the results of research. This reflects our commitment to take scientific discovery "from laboratory bench to bedside." discovery "from laboratory bench to







Cover 8.5" x 11" Center Spread 11" x 17"

Programs: Adobe InDesign / Illustrator / Photoshop

identity





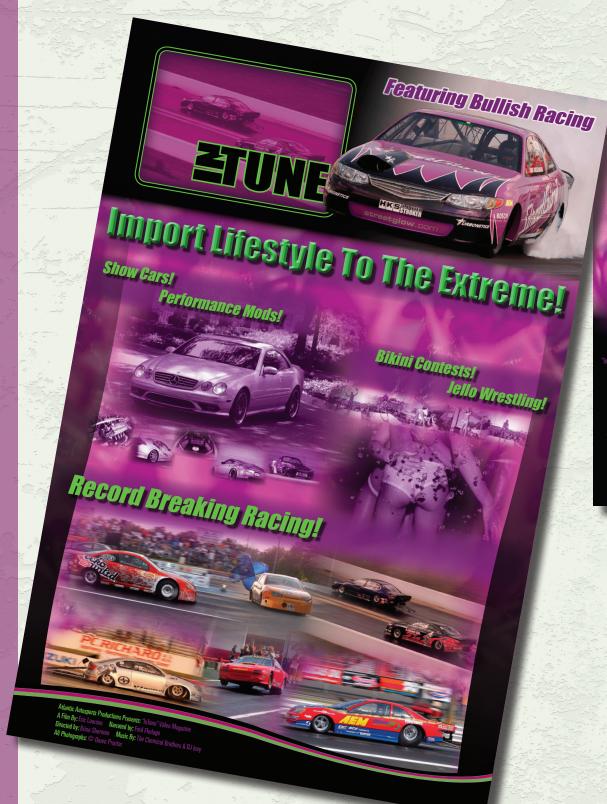


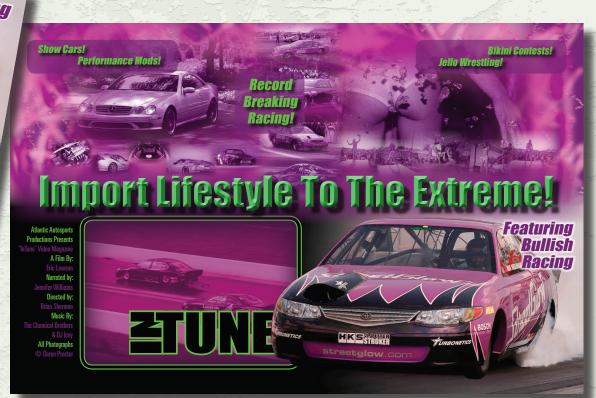




Programs: Flexi Expert - Scanvec Amiable (SAi)

poster & magazine spread





Poster 24" x 36" Magazine Spread 11" x 17" Programs: Adobe Photoshop / InDesign



Red Dog Designs is Eric Lawson

ARAPHIC & INTERACTIVE DESIGN



www.thereddogdesigns.com 302.841.8836

